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## **GROUP HOME SERVICES**

Submitted by: Dana Rock

### Summer at Sherwood 2010

Wow, have we been busy... Everyone has been keeping busy this summer with their various activities. Russell and Johnie both attended Summer School. Russell is doing summer work crew again this summer with great success. Josh has attended the YMCA for the 3<sup>rd</sup> year and he has enjoyed the many activities and outings they provide. Austyn has attended a Lego camp through the Crown Point Parks, and awed them with his Lego making talents. He has two more sessions in August and they are looking to doing it in the fall. Rob, is at O.E. and he is doing quite well as always.

The boys have been kept busy with many outings and new experiences. They went to several beaches in Michigan City, a picnic at the Lake of Four Seasons, swimming, Tractor Show at the Lake County Fair Grounds, Lego Land and the movies; they saw Toy Story 3 and Marmaduke. Upcoming events... Turkey Run's 3<sup>rd</sup> Annual Canoe Trip, St. Joe Michigan, Curious Kids Museum, Silver Beach, Chocolate Café, Indianapolis Zoo, Indianapolis Children's Museum, Lake County Fair, Deep River Water Park, and Sullivan Annual Summer Bash, not to mention August 19<sup>th</sup> is the first day of school.

I would like to thank my staff for their work and dedication for providing our young men with many new and exciting experiences and encouraging them to be independent and mature. We all see our success.

Sincerely Dana



Submitted by: **Sheila O' Dell**

This month the group home of the month was chosen by the management staff on which home had the best track record for "no med errors". The team went back and reviewed over ten months of paper work. Everything had to be in good order for medication passing (no med errors, no holes in med sheets, staff all signed authorization sheet, PRN results, etc) and the winner is... VERMONT! Congratulations Vermont, you are the group home of the month! Keep up the good work!

Submitted by: **Emerson Caress:**

## **August Supported Services Employee of the Month**

On July 17, 2010 staff noticed redness and swelling on her consumer's leg. Staff was concerned that she may have been bitten by a bug. Although the consumer was very tired and wanted to lie down staff felt she needed to be seen at the Emergency Room. Staff contacted 911 and **then notified In-Pact Management** of this incident. The consumer was transported to St. Anthony's Medical Center and was examined. An ultrasound was completed and a blood clot was found, the consumer was admitted for treatment. Please note the highlighted and underlined statement and the order it comes in relation to the call to 911. Phone for help first!

We trust you or you wouldn't be working with our consumers. We trust you, you're on the scene and we trust that you will make the right call when an unusual situation pops up. In this case a life threatening condition was spotted and treatment was able to start almost immediately.

That's why the August Employee of the Month is...

**Odessa Brice!**

The Supported Service Employee of the Month receives a Gift Card for use at a local establishment! As an added bonus three of the Supported Service Employees of the month for this calendar year may attend the IN-ARF conference in Indianapolis next Spring.



## Training Corner

Submitted by **Ruth Fields:**

### **The Link between Nutrition and Behavior and the Truth about Vitamins**

September's monthly in-service will be utilizing a great online resource of documentary movies. We will be watching 2 approximately 45 minute documentaries. The first is "Nutrition and Behavior" which features Dr. Russell Blaylock. In this movie, Dr. Blaylock explains one of the most important connections between nutrition and our health, how nutrition affects our behavior. Citing a series of important studies, he shows that good nutrition can powerfully enhance our memory, mood, and behavior in a socially desirable way. Likewise he shows us that poor nutrition can lead our youth into a world of violence, crime, depression and suicide.

The second documentary is "The Truth about Vitamins", which examines the claims of benefits of taking vitamins and the possible negative effects of doing so.

The monthly in-service will be held on Monday, the 27<sup>th</sup> from 10 am-12 pm and on Tuesday, the 28<sup>th</sup> from 5 pm-7 pm.

### **Management Training-Leading in a New Business Reality**

September's management training will be a webinar hosted by Scott Blanchard, Executive Vice President, client solutions of the Ken Blanchard Companies. Description as follows: Companies must be agile and innovative to survive the uncertainty of what lies ahead with the economy. A solid business plan, a great marketing strategy, and a focus on the customer will provide a framework for the future, but it will also require committed, passionate employees to ensure that your organization can move quickly as the business environment changes. In this webinar, Scott Blanchard will share three key elements for creating this type of organization.

1. Acknowledge reality-planning for the future begins with getting a clear understanding of the current situation.
2. Define a direction-this is the strategic aspect of leadership and includes setting the vision, establishing cultural guidelines, and identifying goals and objectives.
3. Manage people's energy-this is the operational aspect of leadership and includes management practices that drive engagement and performance behaviors.



The management training will be held on Wednesday, September 22<sup>nd</sup> from 10 am-12 pm. Management trainings are only open to those in a supervisory role.

### ***Parent Support Group Meeting***

*The next Parent Support Group meeting will be held on August 31<sup>st</sup> from 6 pm-8 pm at the Clubhouse. A flyer will be sent to parents in early August with details.*

### **September Training Opportunities**

**Mon, the 13<sup>th</sup>: NEO 9 am-5 pm**

**Tue, the 14<sup>th</sup>: NEO Med Core 9 am-1 pm**

**Wed, the 15<sup>th</sup>: NEO 9 am-5 pm**

**Thu, the 16<sup>th</sup>: NEO Crisis Intervention 9 am-5 pm**

**Fri, the 17<sup>th</sup>: Defensive Driving 10 am-12 pm (Please schedule with your supervisor to attend.)**

**Tue, the 21<sup>st</sup>: July NEO Review 10 am-12 pm (This is for staff who attended NEO in July.)**

**Tue, the 21<sup>st</sup>: Defensive Driving 1 pm-3 pm (Please schedule with your supervisor to attend.)**

### **August Training Opportunities**

**Tue, the 10<sup>th</sup>: Safety Training 10 am-12 pm**

**Tue, the 10<sup>th</sup>: Safety Training 5 pm-7 pm**

**Wed, the 11<sup>th</sup>: Current Employee Review 9:30 am-3 pm**

**Friday, the 13<sup>th</sup> Augusts' Defensive Driving class 1 pm-3 pm**

**Mon, the 16<sup>th</sup>: New Employee Orientation 9 am-5 pm**

**Tue, the 17<sup>th</sup>: New Employee Orientation Med Core 9 am-1 pm**

**Wed, the 18<sup>th</sup>: New Employee Orientation 9 am-5 pm**

**Thu, the 19<sup>th</sup>: New Employee Orientation Crisis Intervention 9 am-5 pm**

**Mon, the 23<sup>rd</sup>: Crisis Intervention Refresher 10 am-12 pm (Please schedule with your supervisor to attend this.)**

**Sat, the 21<sup>st</sup> Augusts' Defensive Driving class 9 am-11 am.**

**Tue, the 24<sup>th</sup>: June NEO Review 10 am-12 pm (This is for staff who attended NEO in June.)**

**Thu, the 26<sup>th</sup>: Management Training- CARF Standards 10 am-12 pm**



In- Pact, Inc. would like to

the Following New Staff.

**New Hires**

**Group Home**

**Supported Services**

Amy Hobson – **Berens/Sherwood**

Samantha Daniels

Amy Kwiecien – **Sherwood**

Jolanna Goodlow- **Berens**

**Community Resources**

Bill Nelson



Congratulations to **Marcetta Walton** on your promotion! Marcetta was selected as the Group Home Manager for the Heavilin Rd. site!! Marcetta began with In-Pact in August of 2000. She was a Data Specialist for the 76<sup>th</sup> Ave. Group Home for approximately 4 years. Marcetta has also worked in our Supported Services Department for a number of years before transferring to the Group Home Department. Currently, Marcetta is taking college courses in social work to complete her degree. Please join me in wishing Marcetta all the best in her new position!!!

**Winner of Congratulation Card Drawing:**

Submitted by: **Karen Warner**

**Nicole Papp** congratulations on your outstanding work. On July 8, 2010 Nicole, while working with a consumer she did outstanding Active Treatment. The following staff received congratulations cards that were placed in the Congratulations Card drawing.

Congratulations to you all for your outstanding work Dennis Kabra, Debbie Foster, Joe Bogaski, Leslie Giesler, Brittany Rodeghero, and Kim Nystrom.



Community Resources: Submitted by Diane Wilson

### Roll Back!

(How to feed a large group for pennies a serving)

In today's economy we are always looking for ways to save money, and cutting food costs is a good way to start. You've heard the expression "dirt cheap," and with good reason. Dirt is cheap, and growing your own vegetables is a great way to save money at the cash register. However, many of us have a "black thumb," and speaking from personal experience, I would not rely upon that, especially with our busy schedules and many responsibilities. That brings me to the Community Resources freezer, and this month's very easy recipe:



### Scrimp Scampi

1 Bag Scampi dip (thawed)

Vegetables on hand from your pantry or freezer

Pre cooked seafood/meat (leftover chicken)

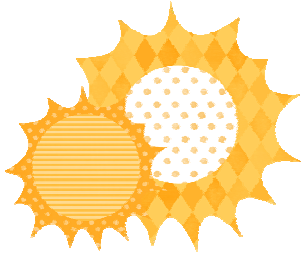
Pasta (cooked)

The bags of scampi dip from Red Lobster make a great cream sauce for a variety of dishes. Simply place the first three ingredients in a deep sided skillet, and cook on medium heat until vegetables are done, add cooked pasta of choice.

## Community Resources at Your Service

Last month we announced a new service to our residents in which our volunteers will be preparing and delivering trays of food supplied by our Second Harvest donation program. We will be taking orders starting immediately. For more details, simply call the Volunteers' Supervisor, John Wilson, at 808-0631 to reserve your delivery. As we get started, food will

be supplied on a first come first served basis. We will be featuring some of the recipes which have been previously published.



## HAPPY August BIRTHDAY

Tom Atchison, Ken McQueen, Connie Berry, Deborah White, Cathy King, Virginia Ladd, Sandra Miller, Steven Bazin, Jennifer Popka, Megan Lambert, Justine Pchelka, Kathryn Hemphill, Tracy Honeycutt, Kimberly Nystrom, Monique Kimp, Colleen Hensel, John Gichachi, Samantha Baker, Shannon Davis, Amy Arnett, Lateash Janigan, Kisha Smith, Anthony Stewart, Morris Sirleaf, Kenyattia Bostic, Jemila Bryant, Kelly Morgan, Marquita Fuentes, Shannon Steward, Davida Stevenson, Deanna Christ, Kara Miller, William Gnerlich, Jr., Joshua Honeycutt



With the price of gas going back up into the stratosphere, as a service to all of our staff, we will try to help you find gas stations in the area that sell their gas at cheaper prices than most other gas stations. You can go to the following web addresses <http://www.garygasprices.com/>. <http://www.gaspricewatch.com/default V3.asp> to find a gas station in the area where you live or work that has the cheapest prices.



“We live in the present, we dream of the future,  
And we learn eternal truths from the past “

~ Mine Chiang Kai-Shek



Submitted by Mary Jane Lewis:

Summer is now in full swing and local grown fruits and vegetables are readily available. Many communities have Farmers Markets where you can purchase local grown produce. Local grown produce arrives fresher, less fuel is needed to transport to market and you are helping local farmers/gardeners make some money. Most markets have homemade goodies available, such as bakery items, honey and a few crafts. Here is a list of farmers markets in the region:

**Crown Point:** Every Saturday from June through mid-October on South Main Street. Hours are 8 am-1 pm. It is located just south of the Square by the Old Sheriff's House.

**Gary:** Marquette Park United Methodist Church, 215 N. Grand Blvd. hosts the Miller Beach farmers market. It is every other Sunday 11:30 am to 3:30 pm, June 6<sup>th</sup> through Sept. 26<sup>th</sup>.

**Griffith:** Historical Park and Depot Museum, 201 S. Broad St. in downtown Griffith. The market runs 19 consecutive Saturdays June 5<sup>th</sup> through October 9<sup>th</sup>.

**Highland:** Main Square Park, 3001 Ridge Road. Market is open on Saturday's 9 am-1 pm. The market runs June 12<sup>th</sup> through October 9<sup>th</sup>.

**Hobart:** The summer market is held 2 pm-7 pm on Thursday's through October 14<sup>th</sup>. It is located in the parking lot at Third and Main Streets, near the Clock Tower and Lake George.

**Schererville:** The market will take place from 3 pm to 8 pm every Thursday through Sept. 2<sup>nd</sup> and from 3 pm-7 pm Sept. 9<sup>th</sup> through October 14<sup>th</sup> in the south parking lot at Redar Park, which is at Gregory Street and Austin Avenue.

**St. John:** The market is open on Sunday's from 8 am to 1 pm. The market is located on US 41 in the parking lot of the Community Hospital Outpatient Centre.

